



# Parent's Group

## Fellowship and Learning Together!

### "Positive Discipline" Parenting Class

4 Sundays in October 4:00 - 5:30  
at  
First Presbyterian Church  
133 S. Main St. Mount Holly, NC

Are you a parent, guardian, grandparent feeling challenged with tantrums? whining? bedtime routines? sibling conflicts? power struggles? Is it hard to leave the park? shop for groceries? Do you wish you connected more and argued less? Is your child still an infant or toddler but you're eager to get off to a good start? Or, do you just want to learn some more effective parenting skills?

Are you a teacher hoping to connect with your students to build cooperation and understanding? Do you want to establish mutual respect, and develop a relationship built upon trust?

You are not alone!

Join parents and teachers just like you for four weeks of parenting classes. Learn to discipline with firmness and kindness, have fun as a parent, and set the foundation for important social and life skills. Help your child feel a sense of belonging and significance through mutual respect and encouragement.

Based on Jane Nelsen's Positive Discipline books, these classes are a fun way to connect with other parents in the community and practice the skills over a few weeks so that you can go more in depth with the material.

The class is taught by Melanie Greely, MA. Ed., a Parent Educator certified by the Positive Discipline Association. She has been implementing Positive Discipline as a Montessori Educator for the Charlotte Mecklenburg School system for eight years. She has two children ages seven and four.

Please join us on Sundays, October 7, 14, 21, 28 from 4:00 - 5:30  
Cost is \$55 per person or couple and includes the book (scholarships available)  
**Space is limited - Register by September 15**  
Childcare is provided with your registration

To Register:

- Download registration form at [fpcmountholly.org](http://fpcmountholly.org) and send with payment.
- OR
- Call the church office 704-827-0521 and we will send a form to you

## "Positive Discipline" Class Registration

4 Classes: October 7, 14, 21, 28

4:00 - 5:30

First Presbyterian Church Mount Holly, NC

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Email address \_\_\_\_\_

Phone number(s) \_\_\_\_\_

Are you a  parent  teacher  grandparent  other:

Childcare is provided with your registration. To reserve a spot for your child or children, please provide the information below:

Name of child \_\_\_\_\_ Age \_\_\_\_\_

Any special needs or allergies? \_\_\_\_\_

May we serve a simple snack to your child? \_\_\_\_\_

Name of child \_\_\_\_\_ Age \_\_\_\_\_

Any special needs or allergies? \_\_\_\_\_

May we serve a simple snack to your child? \_\_\_\_\_

Name of child \_\_\_\_\_ Age \_\_\_\_\_

Any special needs or allergies? \_\_\_\_\_

May we serve a simple snack to your child? \_\_\_\_\_

May we post a picture of your child(ren) on our social media sites?  yes  No

Please return this form, along with payment (\$55) by **September 15** to:

First Presbyterian Church

PO Box 687

Mount Holly, NC 28120

If scholarship assistance is needed, please call the church office 704-827-0521 and speak to the pastor.